



University of Gjakova “Fehmi Agani” (UGJFA)

**“Active Ageing in a Developing Society:
stakeholders, responsibilities and challenges”
International Conference**

CONFERENCE PROGRAMME

**Friday, 13 September 2019
Str. Ismail Qemali, 50000 Gjakova**



09:00 - 09:30 Registration of participants

Opening Ceremony and Welcome Speeches

Moderator: Prof. Ass. Dr. Mimoza Dushi

09:30 - 10:00 Prof. Dr. Shaban Buza, Rector of UGjFA
Mr. Aqim Emurli/ Ms. Arbresha Meha, HERAS representative

Key Note Speeches

10:00 – 11:00 Active Ageing as a process - from molecular to functional aspects
Assoc.-Prof. DI Dr. Barbara Wessner, Deputy Head Research Platform Active Ageing, University of Vienna

(Active) Ageing in a developing society – case of Kosovo
MSc Arben Boshnjaku, University of Gjakova “Fehmi Agani”/ Project Coordinator

Active Ageing in Europe – case of Netherlands
Prof. Dr. Paul Beenen, Hanzehogeschool Groningen , The Netherlands

Active Ageing and Elderly Care – case of Finland
Prof. Dr. Panu Karhinen, Metropolia University of Applied Sciences, Finland (TBC)

11:00 – 11:15 Coffee break and networking

Roundtable with stakeholders

11:15 – 12:45 Panel with topic **Active Ageing in Kosovo – organization and applicability**

Moderator: Prof. Asoc. Dr. Dardan Koçinaj, University of Gjakova “Fehmi Agani”

Speakers: Prof. Ass. Dr. Mimoza Dushi, University of Gjakova “Fehmi Agani”

Representative from the Ministry of Health (TBC)

Mr. Qazim Gashi, Ministry of Wellbeing

Mr. Burim Gashi, Ministry of Education, Science and Technology

Prof. Asoc. Dr. Merita Berisha, National Institute of Public Health, University of

Prishtina

Dr. Yllzim Dyla, Family Medicine Centre

12:45 – 14:00 Lunch

14:00 – 15:15 Session 1 on theme *Social Aspect of Ageing*

Moderator: Arben Boshnjaku MSc

- Volunteering in old age
Prof. Ass. Dr. Daniel Pavlovski and Prof. Ass. Dr. Aleksandar Petkovski



- Support of elderly common needs during leisure: a case study
Prof. Asoc. Dr. Dardan Koçinaj, Ass. Arben Boshnjaku MSc. and Prof. Ass. Dr. Laura Naka
- Music activities and their benefits in ageing process
Yllka Kurshumlia Mr. Ph. & Prof. Asoc. Mimoza Kurshumlia
- Improving Education through life experience contribution- adoption of good practices
Prof. Asoc. Dr. Dardan Koçinaj & Ass. Arben Boshnjaku MSc
- Demographic aging challenge for demographic developments in Kosovo
Dr. Sami Behrami

15:15 – 15:30 Coffee break and networking

15:30 – 15:45 Session 2 on theme *Biomedical Aspect of Ageing*

Moderator: Assoc.-Prof. DI Dr. Barbara Wessner

- Acute effects of particulate air pollution in respiratory diseases in Kosovo
Prof. Ass. Dr. Antigona Ukëhaxhaj, Dr. Drita Zogaj and Ass. Dr. Sanije Hoxha
- Ageing and surgery
Prof. Ass. Dr. Faton Hoxha
- Association between polymorphisms in vitamin D pathway-related genes, vitamin D status, muscle mass and function: a systematic review
Ermira Krasniqi Mr. Ph., Arben Boshnjaku MSc, Prof. Dr. Karl-Heinz Wagner and Assoc.-Prof. DI Dr. Barbara Wessner
- Palliative Care for elderly people
Donart Koci, Shkëmbim Sylmetaj, Ass. Dr. Kushtrim Grezda
- Ageing and surgeon
Prof. Ass. Dr. Faton Hoxha

16:45 – 17:00 Concluding remarks